

# The 2017 Age Group County Championships Inclusive of Multi Classification Events

28th & 29th January, 4th & 5th February to be held at Barnet Copthall

Licensed at Level 2 Number 2LR170007 & 2LR170008

Under ASA laws & FINA Technical Rules of Swimming.

## 2017 County Age Group Championships

All Sessions times are approximate and will be finalised when the entries are received.

The full rules of the competition are published on the County Website: [www.middlesexswimming.com](http://www.middlesexswimming.com) but you should note the following:

1. Team Managers please advise all swimmers and parents/guardians of the following.  
Nobody other than gala staff may enter the building more than 15 minutes prior to the start of warm up for the morning session. Neither the County nor the pool staff will be responsible for the health and safety of anybody entering before the commencement of our hire of the premises.
2. Swimmers must be 10-13 years old or above by 31<sup>st</sup> December 2017.
3. The events will be:
  1. 50m, 100m, 200m, all strokes; 100 & 200m IM for boys and girls aged 10-13;  
400m freestyle for boys & girls aged 10-13; 400m IM for boys & girls aged 12-13  
800m freestyle for girls aged 12-13; 1500m freestyle for boys aged 12-13  
4 x 50m F/S relay & Medley relay (maximum of 3 teams per club). Team Age groups will be 10/11, 12, and 13

Multi-Classification events will be

Event	Male	Female	Event	Male	Female
50m Freestyle	S1-S14	S1-S14	100m Butterfly	S8-S14	S8-S14
100m Freestyle	S1-S14	S1-S14	100m Backstroke	S1,S2 & S6-S14	S1 & S6-S14
200m Freestyle	S1-S5 & S14	S1-S5 & S14	100m Breaststroke	SB4-SB9, SB11-SB14	SB4-SB9, SB11-SB14
200m Individual Medley	SM5-SM14	SM5-SM14			

4. For Multi-Classification entries, entries need to be sent to the competition secretary for manual entering. Any Multi Classification events with less than 4 entries may be merged into the relevant Able Bodied events.  
All coaches and personal care attendants must have accreditation. Personal care attendants will only be permitted for swimmers where assistance is permitted on their code of exceptions. Such attendants will be excluded from any restrictions and will be given the same accreditation as the swimmer for whom they have personal care responsibilities. A swimmer who has assistance as specified above may have both a coach and a personal care attendant present. The personal care attendant accreditation will be free of charge. If there are more multi classified swimmers than the number of lanes available for a heat, then the swimmers with the fastest entry times will be accepted, however the organisers reserve the right to reject swimmers after the closing date if demand exceeds the time available in the galas.
5. ENTRY QUALIFYING and CONSIDERATION TIMES (short course) are shown in these instructions and all swimmers **MUST** have achieved their entry time since 1<sup>st</sup> January 2016. All times to be converted to short course by use of the ASA Equivalent Performance Tables. Times entered must be confirmed by ASA rankings. **All competitors equaling or bettering the 'auto' entry qualifying time (the "qualifying time") in an event will be accepted. Competitors whose times equal or better the consideration time as published may be accepted subject to space being available.** There will be no Multi-Classification qualifying times.  
Any club found to be submitting entry times other than those actually achieved by swimmers will be reported to the County Disciplinary Committee.
6. The County reserves the right to restrict entries to meet the allocated pool time, or on the grounds of health and safety. Entries will not be accepted from clubs with outstanding debts to MCASA. Entries will be accepted on a timed order fastest being first, but with possible consideration to balancing out the numbers in each age category. The only situation where refunds will be given is to swimmers who are denied entry because of restricted space. **NO OTHER MONIES WILL BE REFUNDED.**
7. Entries may be held on a computer solely for the purposes of this competition and consent, as required by the Data Protection Act 1984, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on application to the Promoters.
8. FINALS will be held only for 50m and 100m events for each individual age group (10/11, 12, 13). The remaining events will be decided on the heat declared winner basis. Finalists and up to two reserves will be announced as soon as possible after the heats have been completed. Withdrawals from finals must be notified to the recording desk as soon as possible after the finalists have been announced.
9. All swimmers **must** be registered with the ASA category 2 and no unregistered swimmer will be accepted in any County competitions. If you have a swimmer who does not know their registration number you can get this from the ASA website. If you are awaiting the number from the ASA, please forward to me a copy of the CAT2 registration document and a receipt by Membership Services as proof of registration
10. Clubs entering more than 10 swimmers **MUST** download the Hy-Tek Team Manager file from The Middlesex website: [www.middlesexswimming.com](http://www.middlesexswimming.com) and return the entry file to [competitionsecretary@middlesexswimming.com](mailto:competitionsecretary@middlesexswimming.com). Please note that if a Club enters more than 10 swimmers by means of entry forms rather than Hy-Tek Manager Event File, these entries will incur an administration fee of £10.00.
11. Entry Summary form needs to be completed and returned to Mrs Leah Pullen at 16 Amherst Road, London, W13 8ND together with either a cheque made out to MCASA for full amount plus coach meals or paid directly into the bank via BACS transfer: HSBC Bank, Account name MCASA, Sort code: 40-23-26, Account no: 11170961 (Please give club code as reference followed by CC17. e.g. EALL\_AGCC17)  
Except for the 800m and 1500m, this meet will operate as a **CARDLESS** meet. Please use the withdrawal forms enclosed with the pack to withdraw any swimmers. On the day any withdrawals must be made at least 40 minutes before the start of each session. **Failure to withdraw in adequate time will result to the club being fined £5 per swimmer per event and £10 per team for relays.** Should a swimmer be withdrawn by mistake by the meet manager, the swimmer shall be reinstated. All fines are to be levied on the swimmer's club. The fine shall be reduced by 50% if paid within 28 days.
12. **All club workforce coordinators are asked to circulate the enclosed volunteer form to their volunteer base.**
13. Under ASA child protection guidelines all spectators wishing to use cameras, video or digital capturing device (including mobile phones) must first register their details on the approved ASA form provided at the spectator entrance with proof of identity. An identification label will be issued which must be on show at all times. This policy will be vigorously enforced and any person found to be contravening this policy will be asked to leave the gala without refund.
14. Any conditions not covered in the competition rules will be dealt with in accordance with the laws of the sport and at the discretion of the Promoter. Questions can be dealt with by writing to the Promoter or the Meet Administrator.

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**Trophies:** Junior and Overall Fastest Championship Trophies will be presented for each event once the competition has finished and all results have been collated.

**LICENSING:** The Competition is licensed level 2 and achieved times may be used for entry into Regional Championships.

**COUNTY TEAMS:** Swimmers should be aware that in order to be eligible for selection for County Teams they must have entered in at least one County Competition per calendar year.

**All Events:** AGES TO BE TAKEN AS AT midnight on 31<sup>st</sup> DECEMBER 2017

**CLOSING DATE FOR ENTRIES FOR AGE GROUPS 7th DECEMBER 2016**

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**MCASA AGE GROUP QUALIFYING TIMES 2017 (25m) \*Ages as of 31<sup>st</sup> December 2017**

Boys							Girls					
10/11y		12y		13y			10/11y		12y		13y	
Auto	Conn	Auto	Conn	Auto	Conn		Auto	Conn	Auto	Conn	Auto	Conn
35.00	42.00	33.50	41.00	31.00	40.00	50 FS	36.00	40.00	33.00	35.00	32.50	35.00
1.18.00	1.32.00	1.11.00	1.20.00	1.09.00	1.15.00	100 FS	1.18.00	1.26.00	1.14.00	1.18.00	1.08.00	1.12.00
3.00.00	3.30.00	2.35.00	2.50.00	2.26.00	2.37.00	200 FS	2.50.00	3.10.00	2.34.00	2.45.00	2.24.00	2.32.00
6.20.00	7.55.00	5.49.00	7.16.00	5.15.00	6.16.02	400 FS	6.02.00	6.29.00	5.25.00	5.45.00	5.10.00	5.25.00
						800FS	xxxxx	xxxx	11.17.00	11.25.00	10.35.00	11.20.00
xxxx	xxxx	22.05.00	24.00.00	21.04.00	23.00.00	1500FS						
48.00	55.00	44.00	50.00	43.00	48.00	50 Breast	44.50	48.50	42.00	45.00	41.00	43.00
1.46.00	2.00.00	1.35.00	1.45.00	1.31.00	1.41.00	100 Breast	1.42.20	1.48.40	1.35.00	1.44.50	1.30.00	1.40.00
3.45.00	4.20.00	3.22.00	3.32.00	3.18.00	3.25.00	200 Breast	3.35.00	3.45.00	3.27.00	3.38.00	3.16.00	3.34.00
42.00	45.00	38.50	43.00	36.00	41.00	50 Butterfly	40.00	45.00	37.00	42.00	35.00	42.00
1.38.00	1.45.00	1.22.00	1.36.00	1.20.00	1.34.00	100 Butterfly	1.39.50	1.50.00	1.29.00	1.38.00	1.25.00	1.35.00
3.18.00	3.35.00	3.13.50	3.28.10	3.04.90	3.27.10	200 Butterfly	3.45.00	3.56.20	3.07.00	3.40.00	3.03.00	3.25.00
42.50	46.00	39.00	43.00	37.00	41.00	50 Back	40.00	43.00	39.00	42.00	38.00	41.00
1.34.00	1.45.00	1.24.00	1.32.00	1.20.00	1.27.00	100 Back	1.29.50	1.33.80	1.21.00	1.27.00	1.18.00	1.25.00
3.12.00	3.27.00	2.57.00	3.12.00	2.45.00	2.59.00	200 Back	3.03.00	3.15.60	2.52.00	3.05.00	2.48.00	3.00.00
1.34.00	1.42.00	1.26.00	1.33.00	1.21.00	1.28.00	100 IM	1.31.00	1.39.00	1.22.00	1.30.00	1.18.00	1.24.00
3.20.00	3.35.00	3.00.00	3.13.00	2.46.50	2.59.00	200 IM	3.13.20	3.21.00	2.57.00	3.05.00	2.42.30	2.50.00
xxxx	xxxx	6.40.70	7.00.00	6.02.50	6.30.50	400IM	xxxx	xxxx	6.25.00	7.00.00	6.05.00	6.30.00

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**AGE GROUP TEAM ENTRY FORM**

CLUB \_\_\_\_\_

Competition Secretary

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_ post code \_\_\_\_\_ phone no. \_\_\_\_\_

Please enter the number of teams you wish to enter for each event. **Maximum of 3 teams per age group may be entered.** Unless otherwise indicated they will be entered as "A", "B" and "C";

**BOYS TEAMS**

EVENT	NO OF TEAMS	TIME
FREESTYLE TEAM 10/11		
FREESTYLE TEAM 12		
FREESTYLE TEAM 13		

EVENT	NO OF TEAMS	TIME
MEDLEY TEAM 10/11		
MEDLEY TEAM 12		
MEDLEY TEAM 13		

**GIRLS TEAMS**

EVENT	NO OF TEAMS	TIME
FREESTYLE TEAM 10/11		
FREESTYLE TEAM 12		
FREESTYLE TEAM 13		

EVENT	NO OF TEAMS	TIME
MEDLEY TEAM 10/11		
MEDLEY TEAM 12		
MEDLEY TEAM 13		

Total no of teams entered \_\_\_\_\_

fee enclosed (£8 per entry) \_\_\_\_\_

Signed \_\_\_\_\_  
Team Manager

PLEASE NOTE: Team Managers are responsible for and must certify that all members of teams are registered in accordance with ASA laws and that they also comply with the Championships rules on the County website.

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## PROGRAMME OF EVENTS

AGE GROUP		
Saturday 28th January 2017		
At TBC		
Session 1 Warm up 8:00 Start 9:00 (tbc)		
1	Girls 10-13	100m IM
2	Boys 10-13	100m Freestyle
3	Girls 10-13	100m Butterfly
4	Boys 10-13	200m Backstroke
5	Girls 10-13	400m Freestyle
F2	Final Girls 10-13	100m Butterfly
F3	Final Boys 10-13	100m Freestyle
F1	Final Girls 10-13	100IM
Session 2 Warm up tbc		
6	Boys 12-13	1500m Freestyle
7	Girls 10-13	50m Backstroke
8	Boys 10-13	50m Freestyle
9	Girls 10-13	200m Breaststroke
10	Boys 10-13	200m Butterfly
F7	Final Girls 10-13	50m Backstroke
F8	Final Boys 10-13	50m Freestyle

AGE GROUP		
Sunday 29th January 2017		
At TBC		
Session 3 Warm up 8:00 Start 9:00 (tbc)		
20	Boys 10-13	100m IM
21	Girls 10-13	100m Freestyle
22	Boys 10-13	100m Butterfly
23	Girls 10-13	200m Backstroke
24	Boys 10-13	400m Freestyle
F21	Final Boys 10-13	100m Butterfly
F22	Finals Girls 10-13	100m Freestyle
F20	Final Boys 10-13	100m IM
Session 4 Warm up tbc		
25	Girls 12-13	800m Freestyle
26	Boys 10-13	50m Backstroke
27	Girls 10-13	50m Freestyle
28	Boys 10-13	200m Breaststroke
29	Girls 10-13	200m Butterfly
F26	Final Boys 10-13	50m Backstroke
F27	Final Girls 10-13	50m Freestyle

AGE GROUP		
Saturday 4th February 2017		
At TBC		
Session 5 Warm up 08:00 Start 09:00 (tbc)		
30	Girls 10-13	4 x 50 Medley relay
31	Boys 10-13	4 x 50 Free relay
32	Girls 10-13	100m Backstroke
33	Boys 10-13	100m Breaststroke
34	Girls 12-13	400m IM
F33	Boys 10-13	100m Breaststroke
F32	Girls 10-13	100m Backstroke
Session 6 Warm up tbc		
35	Girls 10-13	50m Breaststroke
36	Boys 10-13	50m Butterfly
37	Girls 10-13	200m IM
38	Boys 10-13	200m Freestyle
F35	Final Girls 10-13	50m Breaststroke
F36	Final Boys 10-13	50m Butterfly

AGE GROUP		
Sunday 5th February 2017		
At TBC		
Session 7 Warm up 08:00 Start 09:00 (tbc)		
40	Boys 10-13	4 x 50 Medley relay
41	Girls 10-13	4 x 50 Free relay
42	Boys 10-13	100m Backstroke
43	Girls 10-13	100m Breaststroke
44	Boys 12-13	400m IM
F43	Girls 10-13	100m Breaststroke
F42	Boys 10-13	100m Backstroke
Session 8 Warm up tbc		
45	Boys 10-13	50m Breaststroke
46	Girls 10-13	50m Butterfly
47	Boys 10-13	200m IM
48	Girls 10-13	200m Freestyle
F45	Final Boys 10-13	50 Breaststroke
F46	Final Girls 10-13	50 Butterfly

**CLOSING DATE FOR AGE GROUP ENTRIES 7th December 2016**

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## AGE GROUP ENTRY FORM

Club \_\_\_\_\_

Competitors Full name \_\_\_\_\_ BOY/GIRL \_\_\_\_\_

Address \_\_\_\_\_

Post Code \_\_\_\_\_ Telephone no \_\_\_\_\_

Date of birth \_\_\_\_\_ ASA registration no \_\_\_\_\_

Multi Classification:\* S \_\_\_\_\_ \*please give number designated

Please enter me in the following events at the entry time shown:

Note: All competitors equaling or bettering the 'auto' entry qualifying time (the "qualifying time") in an event will be accepted. Competitors whose times equal or better the consideration time as published may be accepted subject to space being available.

Event	Entry time	Event No	Date & Where Achieved
50m Freestyle			
100m Freestyle			
200m Freestyle			
400m Freestyle			
800m Freestyle			
1500m Freestyle			
50m Breaststroke			
100m Breaststroke			
200m Breaststroke			
50m Butterfly			
100m Butterfly			
200m Butterfly			
50m Backstroke			
100m Backstroke			
200m Backstroke			
100m Ind Medley (AG only)			
200m Ind Medley			
400m Ind Medley			

No of events entered \_\_\_\_\_ fee enclosed at £5.50 per main event and £10.00 per 800m/1500m \_\_\_\_\_

I declare that I am eligible to enter this competition.

Signed \_\_\_\_\_ date \_\_\_\_\_  
(swimmer, parent or guardian)

**CLOSING DATE FOR ENTRIES FOR AGE GROUPS 7th DECEMBER 2016**







**AGE GROUP MEET SUMMARY ENTRY FORM**

<b>Club Name:</b>	
<b>Total Main Entries @ £5.50 p/event</b>	<b>£</b>
<b>Total 800/1500 Entries @ £10.00 p/event</b>	<b>£</b>
<b>Total fees enclosed:</b>	<b>£</b>
<b>Coaches meals @ £12.00 per day</b>	<b>£</b> <b>£</b>
<b>Total amount enclosed</b> (payable to MCASA)	<b>£</b>

Coaches Meals at (please enter number for each meal in table) Total \_\_\_\_\_ at £12p/d

	28th Jan	29th Jan	4th Feb	5th Feb
Lunch				

<b>Total amount enclosed</b> (payable to MCASA)	<b>£</b>
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*I ....., being a club official herewith certify that the enclosed swimmers' entries are eligible and that I have read and understood the conditions of entry*

Position ..... Date .....

**Name and address and e-mail address of coach/competition secretary to whom details of accepted entries should be sent (Please note this is a cardless meet):**

.....

Completed individual entry forms, summary form plus coach pass slip **with cheque for total amount** (and an S.A.E., if you are not able to receive confirmation of entries by email), should be sent to:  
 Leah Pullen, 16 Amherst Road, Ealing, London W13 8ND

Alternatively  
 Entry fees may be paid directly into the bank via BACS transfer:  
 HSBC Bank, Account name MCASA, Sort code: 40-23-26, Account no: 11170961  
 (Please give club code as reference followed by CC17. e.g. EALL CC17)

Where entries are made electronically, then entry summary form must be sent and entry fees must be paid within 3 days of entries being accepted.