

Enfield Swim Squad
 Affiliated to ASA London Region

ESS LEVEL 3 REGIONAL QUALIFIER OPEN MEET
Licensed by the ASA No. 3LR180216

Programme of Events

Saturday, 3rd March 2018			
Session 1 WARMUP 9.15, START 10.15AM			
Event 1	Girls	200m Individual Medley	all ages
Event 2	Boys	200m Butterfly	all ages
Event 3	Girls	50m Breaststroke	all ages
Event 4	Boys	50m Backstroke	all ages
Event 5	Girls	200m Freestyle	all ages
Event 6	Boys	100m Breaststroke	10 - 16 & over
Event 7	Girls	100m Butterfly	10 - 16 & over
Event 8	Boys	200m Backstroke	All ages
Event 9	Girls	200m Breaststroke	All ages
Event 10	Boys	50m Butterfly	All ages
Event 11	Girls	100m Backstroke	10 - 16 & over
Event 12	Boys	100m Freestyle	10 - 16 & over
Event 13	Girls	50m Freestyle	All ages

Saturday, 3rd March 2018			
Session 2 estimated WARMUP 2.15PM, START 3.15PM			
Event 14	Boys	200m Individual Medley	all ages
Event 15	Girls	200m Butterfly	all ages
Event 16	Boys	50m Breaststroke	all ages
Event 17	Girls	50m Backstroke	all ages
Event 18	Boys	200m Freestyle	all ages
Event 19	Girls	100m Breaststroke	10 - 16 & over
Event 20	Boys	100m Butterfly	10 - 16 & over
Event 21	Girls	200m Backstroke	All ages
Event 22	Boys	200m Breaststroke	All ages
Event 23	Girls	50m Butterfly	All ages
Event 24	Boys	100m Backstroke	10 - 16 & over
Event 25	Girls	100m Freestyle	10 - 16 & over
Event 26	Boys	50m Freestyle	All ages

Age Groups for awards: 9 yrs, 10 yrs, 11 yrs, 12 yrs, 13 yrs, 14 yrs, 15 yrs, 16 & over