

Enfield Swim Squad  
Affiliated to ASA London Region

**ESS LEVEL 3 REGIONAL QUALIFIER OPEN MEET**  
**Licensed by the ASA No. 3LR180216**

**Upper Limit Qualifying Times**

*Swimmers must not have swum faster than the times below.  
Times based on short course times.*

<b>Boys</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16 &amp; Over</b>
50m Freestyle	32.40	32.40	30.80	29.10	27.70	26.60	25.16	24.82
100m Freestyle		1.10.60	1.06.60	1.01.99	58.61	56.67	54.47	52.56
200m Freestyle	2.32.30	2.32.30	2.20.00	2.11.32	2.05.57	2.01.22	1.56.63	1.54.00
50m Breaststroke	42.50	42.50	40.00	37.50	35.10	33.70	32.50	30.79
100m Breaststroke		1.32.80	1.26.00	1.19.06	1.13.96	1.11.55	1.08.00	1.06.60
200m Breaststroke	3.18.10	3.18.10	3.04.70	2.49.80	2.40.06	2.34.50	2.27.27	2.24.24
50m Butterfly	36.40	36.40	34.10	32.30	30.50	29.20	28.10	26.40
100m Butterfly		1.22.60	1.15.40	1.09.61	1.04.94	1.02.44	1.00.75	59.84
200m Butterfly	3.00.80	3.00.80	2.44.70	2.33.23	2.23.05	2.17.08	2.10.29	2.08.04
50m Backstroke	37.40	37.40	35.50	33.60	31.60	30.50	29.40	28.43
100m Backstroke		1.21.40	1.15.30	1.09.66	1.05.63	1.03.19	1.00.29	59.29
200m Backstroke	2.50.80	2.50.80	2.40.10	2.27.66	2.19.43	2.14.93	2.09.06	2.07.21
200m Ind. Medley	2.54.90	2.54.90	2.43.40	2.30.50	2.22.31	2.17.68	2.11.70	2.09.82

  

<b>Girls</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16 &amp; Over</b>
50m Freestyle	32.80	32.80	31.30	29.90	29.00	28.50	27.35	27.27
100m Freestyle		1.12.10	1.08.20	1.03.42	1.01.40	1.00.55	59.38	58.21
200m Freestyle	2.33.10	2.33.10	2.24.50	2.14.97	2.10.78	2.08.97	2.06.29	2.05.77
50m Breaststroke	42.70	42.70	40.10	38.00	36.60	35.80	35.20	34.93
100m Breaststroke		1.33.30	1.25.90	1.20.41	1.17.67	1.16.43	1.14.87	1.14.60
200m Breaststroke	3.18.30	3.18.30	3.04.40	2.50.91	2.45.65	2.43.42	2.40.66	2.38.91
50m Butterfly	36.30	36.30	34.50	32.70	31.70	31.00	30.40	29.54
100m Butterfly		1.22.50	1.15.70	1.10.78	1.08.39	1.07.09	1.05.60	1.04.99
200m Butterfly	3.03.10	3.03.10	2.47.50	2.35.37	2.28.51	2.26.04	2.22.31	2.20.88
50m Backstroke	37.40	37.40	35.50	33.90	32.80	32.10	31.80	31.30
100m Backstroke		1.21.40	1.15.40	1.10.67	1.08.41	1.07.22	1.05.78	1.04.42
200m Backstroke	2.52.20	2.52.20	2.39.10	2.29.72	2.24.88	2.22.82	2.19.57	2.19.13
200m Ind. Medley	2.54.80	2.54.80	2.44.20	2.32.58	2.28.23	2.25.94	2.22.94	2.22.32