

All the info that you need are here.

Please read carefully and avoid emailing or calling the club asking for more information.

Thank you

Haringey Aquatics Summer Club Championships

Friday 15th and Friday 22nd June

Park Road Leisure Centre

Park Road, Crouch End N8 8JN

Schedule

Friday 15th June

Sign in closes 6.00pm – swimmers must sign in or they will not be allocated a lane to swim in.

Warm up 6.10pm

Start at 7.00pm

50m Fly Girls

50m Fly Boys

50m Back Girls

50m Back Boys

100m Individual Medley Girls

100m Individual Medley Boys (**only for boys not participating in any races on 22nd June**)

Will finish 9.30pm latest

Friday 22nd June

Sign in closes 6.00pm –swimmers must sign in or they will not be allocated a lane to swim in.

Warm up 6.10pm

Start 7.00pm

50m Breast Boys

50m Breast Girls

50m Freestyle Boys

50m Freestyle Girls

100m Individual Medley Boys

100m Individual Medley Girls (**only for girls not participating in any races on 15th June**)

Will finish 9.30pm latest

There is limited parking and you might need to park in adjacent roads, please leave time to do so. Seating is also limited in the gallery, advice is to arrive early.

Sign in CLOSES at 6.00pm: **NO SIGN IN = NO SWIM**

If you think your child might be late, you can **TEXT 07799 121692** to let the club know. Messages received AFTER 6.00pm will not be considered.

If your child cannot swim, there is no need to email or call.

If you wish you can print the programme, but please think of the environment before doing so. Programmes will not be available at the door, but will be on the website, in your email inbox, on twitter and on the app for you to keep track of what is going on.

On the programme:

NT stands for No Time, the swimmer has never swam the event

X stands for Time Trial, you can see XNT, meaning time trial with no time OR X next to a time. Times achieved with time trial will be sent to the national ranking, but the swimmer will not be eligible to receive an award for that event.

A swimmer can do a time trial if (a) has joined the club after 1st April as per conditions or (b) has applied for the club championships after the deadline at midnight on 31st May.

Swimmers with no times might swim in mixed age heats, this is nothing to worry about.

Please bear in mind medals are given only according to age, so a young swimmer might come last in the heat but have swam a great performance in their age group and win a medal!!

Every swimmers that has previously swam the event is seeded according to time and will swim in heats according to their personal best (Kate Lack results have been included).

Results will be published as soon as available, please note 100 IM results from event 5 and 12 will be put together.

Two main rules for swimmers:

- 1) Swim as fast as you can**
- 2) ENJOY**

And two rules for parents/carers/ supporters

- 1) Cheer as loudly as you can**
- 2) ENJOY**

Last but definitely not least, please don't forget to give a big round of applause to all Officials, Timekeepers and Volunteers that will be around the pool and behind the scenes.

The Club Championships cannot happen without them!!!