

# BARNET COPTHALL SWIMMING CLUB

AFFILIATED TO THE LONDON REGION A.S.A.

Licensed Meet Level 4 – 4LR181332

Barnet Copthall Swimming Pool, Champions Way, Hendon, London, NW4 1PS

020 8457 9900

## Barnet Copthall Invitational Meet:

### SUNDAY 1<sup>st</sup> July 2018

UNDER A.S.A. LAWS AND ASA TECHNICAL RULES OF SWIMMING

<b>Morning session : Warm-up 8:30am</b>			<b>Sign in by 8:30am</b>	<b>Start 9:30am</b>
Event 1	BOYS	8, 9, 10, 11, 12, 13, 14 & 15+Yrs		50M BREAST STROKE
Event 2	GIRLS	8, 9, 10, 11, 12, 13, 14 & 15+Yrs		100M INDIVIDUAL MEDLEY
Event 3	BOYS	8, 9, 10, 11, 12, 13, 14 & 15+Yrs		50M FREESTYLE
Event 4	GIRLS	8, 9, 10, 11, 12, 13, 14 & 15+Yrs		50M BACK STROKE
Event 5	BOYS	8, 9, 10, 11, 12, 13, 14 & 15+Yrs		100M BREAST STROKE
Event 6	GIRLS	8, 9, 10, 11, 12, 13, 14 & 15+Yrs		100M BUTTERFLY
<b>Afternoon session : Warm-up 12:00pm</b>			<b>Sign in by 12:00 pm</b>	<b>Start 1:00 pm</b>
Event 7	BOYS	8, 9, 10, 11, 12, 13, 14 & 15+Yrs		100M INDIVIDUAL MEDLEY
Event 8	GIRLS	8, 9, 10, 11, 12, 13, 14 & 15+Yrs		50M BUTTERFLY
Event 9	BOYS	8, 9, 10, 11, 12, 13, 14 & 15+Yrs		50M BACK STROKE
Event 10	GIRLS	8, 9, 10, 11, 12, 13, 14 & 15+Yrs		50M FREESTYLE
Event 11	BOYS	8, 9, 10, 11, 12, 13, 14 & 15+Yrs		100M BUTTERFLY
Event 12	GIRLS	8, 9, 10, 11, 12, 13, 14 & 15+Yrs		100M BREAST STROKE
<b>Evening session: Warm up 3:15pm</b>			<b>Sign in by 3:15pm</b>	<b>Start 4:00pm</b>
Event 13	BOYS	8, 9, 10, 11, 12, 13, 14 & 15+Yrs		100M FREESTYLE
Event 14	GIRLS	8, 9, 10, 11, 12, 13, 14 & 15+Yrs		100M BACK STROKE
Event 15	BOYS	8, 9, 10, 11, 12, 13, 14 & 15+Yrs		50M BUTTERFLY
Event 16	GIRLS	8, 9, 10, 11, 12, 13, 14 & 15+Yrs		50M BREAST STROKE
Event 17	BOYS	8, 9, 10, 11, 12, 13, 14 & 15+Yrs		100M BACK STROKE
Event 18	GIRLS	8, 9, 10, 11, 12, 13, 14 & 15+Yrs		100M FREE STYLE

**MEET** This meet is a Level 4 Licensed Meet – number 4LR181332

**VENUE.** Barnet Copthall Leisure Centre, Champions Way, Hendon, London NW4 1PS

**AGE GROUPS :** Age groups as above. AGES AS ON 31<sup>st</sup> December 2018

**EVENTS:** All events will be 'HEAT DECLARED WINNER'.  
Heats will be seeded according to submitted entry times.

**ENTRY FEE:** £5-50 per event

**AWARDS:** Will be made to 1st, 2nd and 3rd placed swimmers in each age group.  
Presentations may take place during the swimming to ensure smooth running and to keep down the duration of the meet.

**ENTRIES:** All swimmers must be registered as Cat 1 or Cat 2 members of a club affiliated to the  
**ASA**

This is an invitational meet for 8 clubs invited by the promoter.  
All entries should be made on our official entry forms, giving entry times in the appropriate columns or using Hy-Tek Team Manager. No time entries will not be accepted. Entry times must be no faster than the attached 'Upper Limit Times'.

**CLOSING DATE:** 15<sup>th</sup> June 2018 or when meet is full.

**ENQUIRIES & ENTRIES TO:** Sarah Lawlor: 48 Lambs Close; Dunstable; Bedfordshire; LU5 4QA  
07951600326 E-mail: Sarahjanebcsc@gmail.com

