



Team Luton Swimming Club: March Long Course Meet 2018

Licensed by the ASA for entry into Regional and National Championships at Level 1 under No. 1ER180343

Saturday 24 & Sunday 25 March 2018

Minimum Qualifying Standard (25m)

Ages are as at 31 December 2018

BOYS						EVENT	GIRLS					
11	12	13	14	15	16/ov		11	12	13	14	15	16/ov
00:37.6	00:35.5	00:33.5	00:31.6	00:29.8	00:28.1	Freestyle 50m	00:40.0	00:37.7	00:35.6	00:33.6	00:31.7	00:29.9
01:24.1	01:17.2	01:12.2	01:08.4	01:05.6	01:01.3	Freestyle 100m	01:24.5	01:17.7	01:13.7	01:11.2	01:07.7	01:06.0
02:59.9	02:47.9	02:37.6	02:29.5	02:22.7	02:13.5	Freestyle 200m	03:00.7	02:47.9	02:39.2	02:33.1	02:26.1	02:22.9
06:18.7	05:49.4	05:31.3	05:15.4	05:00.9	04:43.2	Freestyle 400m	06:19.7	05:49.3	05:32.0	05:19.8	05:06.5	05:00.2
						Freestyle 800m	12:48.3	12:04.8	11:25.0	10:57.4	10:42.9	10:32.6
25:42.3	24:15.0	21:53.7	20:51.1	19:54.6	19:13.6	Freestyle 1500m						
00:50.5	00:47.6	00:44.9	00:42.4	00:40.0	00:37.7	Breaststroke 50m	00:52.5	00:49.5	00:46.7	00:44.0	00:41.6	00:39.2
01:48.0	01:39.5	01:32.8	01:27.0	01:22.9	01:17.2	Breaststroke 100m	01:48.1	01:39.6	01:33.3	01:29.0	01:25.8	01:21.9
03:52.5	03:34.7	03:21.1	03:08.7	02:58.8	02:48.1	Breaststroke 200m	03:50.8	03:32.3	03:20.8	03:11.6	03:03.0	02:56.2
00:42.5	00:40.1	00:37.8	00:35.7	00:33.7	00:31.8	Butterfly 50m	00:44.6	00:42.1	00:39.7	00:37.4	00:35.3	00:33.3
01:35.0	01:25.9	01:19.9	01:15.3	01:11.3	01:06.3	Butterfly 100m	01:36.1	01:27.0	01:21.8	01:18.3	01:14.7	01:12.8
03:19.2	03:08.7	02:56.3	02:46.5	02:37.7	02:27.3	Butterfly 200m	03:30.3	03:19.3	03:08.7	02:58.1	02:50.0	02:43.8
00:43.4	00:41.0	00:38.6	00:36.4	00:34.4	00:32.4	Backstroke 50m	00:46.3	00:43.7	00:41.2	00:38.9	00:36.7	00:34.6
01:35.4	01:28.0	01:22.4	01:17.6	01:13.5	01:08.8	Backstroke 100m	01:35.6	01:28.1	01:22.8	01:20.1	01:16.3	01:13.1
03:21.7	03:08.2	02:57.1	02:46.9	02:39.1	02:27.3	Backstroke 200m	03:22.2	03:07.2	02:57.0	02:50.8	02:42.5	02:36.7
03:25.4	03:10.4	02:59.1	02:49.2	02:41.5	02:30.7	Ind Medley 200m	03:25.4	03:10.4	02:59.6	02:53.3	02:45.5	02:40.4
07:17.4	06:42.6	06:19.0	05:59.1	05:42.3	05:20.9	Ind Medley 400m	07:17.3	06:39.2	06:17.2	06:03.2	05:48.1	05:37.0