



UPPER CUT OFF TIMES

SWIMMERS MUST NOT BE FASTER THAN THE TIMES SHOWN

GIRLS	9	10	11	12	13	14	15 +
50M FREESTYLE	36.10	32.50	31.00	28.00	26.50	25.80	25.10
100M FREESTYLE	1:12.00	1:07.00	1:03.00	1:02.20	1:00.30	59.30	57.60
200M FREESTYLE	2:40.00	2:20.00	2:15.00	2:13.20	2:09.50	2:07.40	2:07.00
800M FREESTYLE			10:20.00	10:20.00	9:55.00	9:44.00	9:38.00
1500M FREESTYLE							
50M BACKSTROKE	42.60	37.80	36.80	32.50	30.70	29.80	28.90
100M BACKSTROKE	1:20.00	1:15.00	1:12.00	1:10.40	1:07.00	1:05.00	1:04.50
200M BACKSTROKE	3:00.00	2:40.00	2:33.00	2:29.00	2:23.60	2:19.40	2:18.00
50M BREASTSTROKE	49.20	43.80	40.00	37.10	35.00	33.90	32.90
100M BREASTSTROKE	1:31.00	1:26.00	1:21.72	1:19.40	1:16.50	1:15.60	1:15.00
200M BREASTSTROKE	3:10.00	2:58.00	2:52.00	2:48.00	2:43.20	2:41.60	2:41.00
50M BUTTERFLY	41.60	38.50	33.60	31.20	29.50	28.50	27.60
100M BUTTERFLY	1:22.00	1:17.00	1:11.50	1:10.00	1:07.00	1:05.60	1:04.50
200M BUTTERFLY	2:50.00	2:44.00	2:37.00	2:35.50	2:27.00	2:24.60	2:24.00
100M IND. MEDLEY	1:38.70	1:26.49	1:21.70	1:17.00	1:12.10	1:11.50	1:09.50
200M IND. MEDLEY	2:59.00	2:44.70	2:37.40	2:32.60	2:26.50	2:24.00	2:23.50
BOYS							
BOYS	9	10	11	12	13	14	15 +
50M FREESTYLE	38.00	33.60	32.60	28.00	26.00	24.80	23.00
100M FREESTYLE	1:11.00	1:06.60	1:04.00	1:01.50	58.00	55.00	53.10
200M FREESTYLE	2:40.00	2:24.00	2:17.00	2:13.60	2:06.00	2:00.00	1:56.00
800M FREESTYLE							
1500M FREESTYLE			20:12.00	20:12.00	18:44.00	18:12.00	17:25.00
50M BACKSTROKE	42.50	38.60	35.60	31.60	29.80	28.10	25.50
100M BACKSTROKE	1:21.00	1:15.30	1:12.00	1:09.00	1:05.00	1:02.00	59.40
200M BACKSTROKE	2:50.00	2:40.00	2:32.00	2:28.30	2:20.00	2:13.00	2:10.00
50M BREASTSTROKE	49.20	44.60	40.70	36.10	33.70	31.70	29.00
100M BREASTSTROKE	1:31.00	1:26.00	1:22.80	1:19.20	1:14.60	1:10.60	1:08.00
200M BREASTSTROKE	3:11.00	3:04.00	2:57.20	2:50.50	2:40.30	2:32.00	2:30.00
50M BUTTERFLY	41.50	37.20	34.00	30.30	28.60	26.70	24.10
100M BUTTERFLY	1:20.40	1:15.40	1:11.00	1:08.20	1:05.00	1:01.60	58.60
200M BUTTERFLY	2:50.00	2:42.00	2:35.00	2:32.20	2:24.00	2:16.00	2:14.00
100M IND. MEDLEY	1:32.59	1:24.51	1:20.18	1:17.50	1:10.50	1:05.20	59.90
200M IND. MEDLEY	2:55.00	2:45.00	2:35.00	2:32.00	2:23.00	2:18.00	2:13.00